



# 12<sup>th</sup> Asian Junior Athletics Championships

Macau 2006, 15<sup>th</sup> – 18<sup>th</sup> July, 2006

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## 1. ORGANIZATIONAL STRUCTURE

### 1.1 ASIAN ATHLETICS ASSOCIATION (AAA)

President:	Shri. Suresh Kalmadi, M.P. (IND)
Senior Vice President:	Brig. Dahlan Jumaan Al-Hamad (QAT)
Vice Presidents:	Dr. Luo Chaoyi (CHN) Mr. Koji Sakurai (JPN) Mr. Ng Ching Kwok (PHI) Eng. Suhail Q. Al-Zawawi (KSA) Pol. Maj. Gen. Surapong Ariyamongkol (THA)
Secretary-Treasurer:	Mr. Maurice R. Nicholas (SIN)
Individual Members:	Mr. K.V. Varghese (BRU) Mr. William Ko (HKG) Mr. Tigor Tanjung (INA) Dr. Eidy Alijani (IRI) Mr. Saad Hiyasat (JOR) Mr. Alexey Kondrat (KAZ) Mrs. Claire Chehab (LIB) Sheik Soud Hamed S. Al-Rawahi (OMA) Mr. Ranjit L. Weerasena (SRI)
Members (Ex-Officio):	Mr. Lamine Diack (President, IAAF) Mr. Lou Dapeng (CHN) (Vice President, IAAF) Mr. Taizo Watanabe (JPN) (Council Member, IAAF) Mr. Jung-Ki Park (KOR) (Council Member, IAAF)

### 1.2 MACAU ATHLETICS ASSOCIATION (MAA)

Chairman:	Mr. Ma Iao Hang
Executive Board President:	Mr. Lam Hin Fu
Executive Board Vice President:	Mr. Chan Pou Sin
General Secretary:	Mr. Liang Rongzhi
Treasurer:	Mr. Lau Cheong Fai
Executive Board Members:	Mr. Ho Ka Lon, Francisco Mr. Lam Hou Meng Mr. Wong Io Meng Mr. Mok Kam Pui Mr. Lim, Elbert Junta



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Ms. Mak Lan Fa  
 Ms. Tou Lai I  
 Ms. Van Ka Pou  
 Mr. Ma Chi Seng

## 1.3 ORGANIZING COMMITTEE

Honorary President:	CHUI Sai On
Presidents:	VONG Iao Lek MA Iao Hang
Vice Presidents:	Jose TAVARES Wallis O LAM Hin Fu
General Secretary:	Miriam LEONG
Competition Director:	CHAN Pou Sin
Finance Director:	William TONG
Marketing & Sponsorship Director:	Isabella CHE
Stadium Facilities Director:	Allen LAU
Ceremonies & Protocol Director:	Cindy LAM
Medical Services Director:	SO Lap Chung
Media Director:	Maggie SAM
Security Director:	Margaret WONG
Transportation & Accommodation Director	Sandra AZEVEDO
IT & Sound System Manager:	Catarina CHIANG
Liaison Officers Manager:	Leonor REMEDIOS

## 1.4 COMPETITION OFFICIALS

Organizational Delegate	Mr. Maurice R. Nicholas (SIN)
Technical Delegates	1) Mr. William J. Ko (HKG) 2) Mr. Loh Lin Yow (SIN)
Medical/Doping Control Delegate	Datuk Dr. M. Jegathesan (MAS)
Jury Members	1) Mr. Tigor Tanjung (INA) 2) Mr. Saad Hiyasat (KOR)
Asian Technical Officials	1) Mr. Tony Daniel (IND) 2) Mr. Alexey Kondrat (KAZ) 3) Mr. Abdul Rahim M. Noor (MAS) 4) Mr. Kyaw Khin (MYA)



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	5) Mr. Rabi Rajkarnikar (NEP)
	6) Mr. Jesus Tubong Jr. (PHI)
	7) Mr. Foo Jiong Kew (SIN)
	8) Mr. R.A. Siripala (SRI)
International Walk Judges	1) Mr. S. Sardjito (INA)
	2) Mr. Yoshio Morikawa (JPN)
	3) Mr. Jeong Je-Ho (KOR)
	4) Mr. S. Govindarajoo (MAS)
	5) Mr. S. Govindaraju (SIN)
	6) Mr. Visuit Chandoong (THA)
International Photo-finish Judge	Mr. Rawinder Chaudry ((IND)

## 2. AAA MEMBER FEDERATIONS

AFGHANISTAN	AFG	MONGOLIA	MGL
BANGLADESH	BAN	MYANMAR	MYA
BHUTAN	BHU	NEPAL	NEP
BAHRAIN	BRN	OMAN	OMA
BRUNEI	BRU	PAKISTAN	PAK
CAMBODIA	CAM	PHILIPPINES	PHI
PR CHINA	CHN	PALESTINE	PLE
HONG KONG, CHINA	HKG	DPR KOREA	PRK
INDONESIA	INA	QATAR	QAT
INDIA	IND	SAUDI ARABIA	KSA
IRAN	IRI	SINGAPORE	SIN
IRAQ	IRQ	SRI LANKA	SRI
JORDAN	JOR	SYRIA	SYR
JAPAN	JPN	THAILAND	THA
KAZAKHSTAN	KAZ	TAJKISTAN	TJK
KYRGYZSTAN	KGZ	EAST TIMOR	TLS
KOREA	KOR	TURKMENISTAN	TKM
KUWAIT	KUW	CHINESE TAIPEI	TPE
LAOS	LAO	UNITED ARAB EMIRATES	UAE
LEBANON	LIB	UZBEKISTAN	UZB
MACAO	MAC	VIETNAM	VIE
MALAYSIA	MAS	YEMAN	YEM
MALDIVES	MDV		



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## 3. COMPETITION INFORMATION

### 3.1 Dates

The 12<sup>th</sup> Asian Junior Athletics Championships will take place in the Macau Stadium at Taipa, Macau from 15<sup>th</sup> to 18<sup>th</sup> July, 2006. The competition shall be held in accordance with the current IAAF Rules and Regulations. In case of disagreement over the interpretation of the Rules, the English text shall prevail. Any unforeseen incidents not covered by the Rules shall be resolved in accordance with the AAA Constitution and the IAAF Rules.

### 3.2 Competition Area

#### ✿ 3.2.1 Track and Field Events

The 12<sup>th</sup> Asian Junior Athletics Championships will be held at the Macau Stadium in Taipa, Macau. The Macau Stadium is a multi-function sports facility, having VIP rooms, banquet halls, massage room and gymnasium. It is 35,585m<sup>2</sup> wide and is a 4-story structure with a one-story basement. The stadium has a total spectator capacity of 15,801 seats and includes the following athletics facilities:

- 400m standard 8 lane track
- 2 double runways with 2 landing areas for long / triple jump
- 2 double runways with 2 landing areas for Pole Vault
- 2 landing areas for High Jump
- 1 Discus / Hammer throwing circle
- 2 Shot Put circles
- 2 Javelin runways

#### ✿ 3.2.2 Walking Events

The race walking events will be held in the Macau Stadium.

### 3.3 Events

Competition will be held in the following 43 events for men and women:

#### ✿ 3.3.1 Men (22)

- Track Events: 100m, 200m, 400m, 800m, 1500m, 5000m, 10000m, 110mH, 400mH, 3000mSC
- Jumping Events: High Jump, Pole Vault, Long Jump, Triple Jump
- Throwing Events: Shot Put, Discus Throw, Hammer Throw, Javelin Throw
- Team Events: 4x100mR, 4x400mR
- Walking Event: 10000mW
- Combined Event: Decathlon



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## ⚙ 3.3.2 Women (21)

- Track Events: 100m, 200m, 400m, 800m, 1500m, 3000m, 5000m, 100mH, 400mH
- Jumping Events: High Jump, Pole Vault, Long Jump, Triple Jump
- Throwing Events: Shot Put, Discus Throw, Hammer Throw, Javelin Throw
- Team Events: 4x100mR, 4x400mR
- Walking Event: 10000mW
- Combined Event: Heptathlon

## 3.4 Competition Schedule

**Thursday, 13<sup>th</sup> July, 2006**

**17:00 Technical Meeting**

### **1<sup>st</sup> Competition Day – Saturday, 15<sup>th</sup> July, 2006**

NO.	TIME	EVENTS	GENDER	ROUND
<b>MORNING</b>				
101	08:30	100 METRES	MEN	DECATHLON 1
102	09:00	HAMMER THROW	MEN	FINAL
103	09:15	LONG JUMP	MEN	DECATHLON 2
104	09:30	400 METRES	WOMEN	ROUND 1
105	09:50	400 METRES	MEN	ROUND 1
106	10:50	SHOT PUT	MEN	DECATHLON 3
<b>AFTERNOON</b>				
107	16:00	POLE VAULT	MEN	FINAL
108	16:00	SHOT PUT	MEN	FINAL
109	16:00	LONG JUMP	WOMEN	FINAL
110	16:00	4 X 100M RELAY	MEN	ROUND 1
111	16:15	4 X 100M RELAY	WOMEN	ROUND 1
112	16:20	HIGH JUMP	MEN	DECATHLON 4
113	16:20	JAVELIN THROW	MEN	FINAL
114	16:30	400 METRES	WOMEN	SEMI-FINAL
115	16:45	400 METRES	MEN	SEMI-FINAL
116	17:00	5,000 METRES	MEN	FINAL
117	17:25	3,000 METRES	WOMEN	FINAL
118	17:45	4 X 100M RELAY	MEN	FINAL
119	18:00	4 X 100M RELAY	WOMEN	FINAL
120	18:15	800 METRES	WOMEN	ROUND 1



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121	18:30	800 METRES	MEN	ROUND 1
122	18:45	400 METRES	MEN	DECATHLON 5
123	19:00	200 METRES	WOMEN	ROUND 1
124	19:20	200 METRES	MEN	ROUND 1
	20:00	Opening Ceremony (tentative)		

## **2<sup>nd</sup> Competition Day – Sunday, 16<sup>th</sup> July, 2006**

NO.	TIME	EVENTS	GENDER	ROUND
<b>MORNING</b>				
201	08:30	10,000M WALK	WOMEN	FINAL
202	09:45	110M HURDLES	MEN	DECATHLON 6
203	10:30	DISCUS THROW	MEN	DECATHLON 7
204	11:10	POLE VAULT	MEN	DECATHLON 8
<b>AFTERNOON</b>				
205	16:00	JAVELIN THROW	WOMEN	FINAL
206	16:15	LONG JUMP	MEN	FINAL
207	16:15	HIGH JUMP	WOMEN	FINAL
208	16:35	200 METRES	WOMEN	SEMI-FINAL
209	16:50	200 METRES	MEN	SEMI-FINAL
210	17:05	400M HURDLES	WOMEN	ROUND 1
211	17:20	400M HURDLES	MEN	ROUND 1
212	17:35	3,000 STEEPLECHASE	MEN	FINAL
213	17:55	400 METRES	WOMEN	FINAL
214	18:00	JAVELIN THROW	MEN	DECATHLON 9
215	18:10	400 METRES	MEN	FINAL
216	18:25	5,000 METRES	WOMEN	FINAL
217	18:50	200 METRES	WOMEN	FINAL
218	19:05	200 METRES	MEN	FINAL
219	19:20	1,500 METRES	MEN	ROUND 1
220	19:40	1,500 METRES	WOMEN	ROUND 1
221	19:55	1,500 METRES	MEN	DECATHLON 10

## **3<sup>rd</sup> Competition Day – Monday, 17<sup>th</sup> July, 2006**

NO.	TIME	EVENTS	GENDER	ROUND
<b>MORNING</b>				
301	08:30	100M HURDLES	WOMEN	HEPTATHLON 1
302	09:30	HIGH JUMP	WOMEN	HEPTATHLON 2
303	10:00	100 METRES	WOMEN	ROUND 1



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304	10:30	100 METRES	MEN	ROUND 1
<b>AFTERNOON</b>				
305	16:00	400M HURDLES	WOMEN	FINAL
306	16:00	POLE VAULT	WOMEN	FINAL
307	16:00	DISCUS THROW	WOMEN	FINAL
308	16:15	HIGH JUMP	MEN	FINAL
309	16:15	SHOT PUT	WOMEN	HEPTATHLON 3
310	16:20	400M HURDLES	MEN	FINAL
311	16:20	TRIPLE JUMP	WOMEN	FINAL
312	16:40	100 METRES	WOMEN	SEMI-FINAL
313	16:55	100 METRES	MEN	SEMI-FINAL
314	17:10	800 METRES	WOMEN	FINAL
315	17:35	800 METRES	MEN	FINAL
316	17:35	DISCUS THROW	MEN	FINAL
317	17:50	10,000 METRES	MEN	FINAL
318	18:35	200 METRES	WOMEN	HEPTATHLON 4
319	18:50	100 METRES	WOMEN	FINAL
320	19:10	100 METRES	MEN	FINAL
321	19:20	100M HURDLES	WOMEN	ROUND 1
322	19:35	110M HURDLES	MEN	ROUND 1
323	19:50	4 X 400M RELAY	MEN	ROUND 1
324	20:05	4 X 400M RELAY	WOMEN	ROUND 1

## 4<sup>th</sup> Competition Day – Tuesday, 18<sup>th</sup> July, 2006

NO.	TIME	EVENTS	GENDER	ROUND
<b>MORNING</b>				
401	08:30	10,000M WALK	MEN	FINAL
402	08:30	LONG JUMP	WOMEN	HEPTATHLON 5
403	08:30	HAMMER THROW	WOMEN	FINAL
<b>AFTERNOON</b>				
404	16:00	JAVELIN THROW	WOMEN	HEPTATHLON 6
405	16:00	TRIPLE JUMP	MEN	FINAL
406	16:15	SHOT PUT	WOMEN	FINAL
407	16:20	100M HURDLES	WOMEN	FINAL
408	16:35	110M HURDLES	MEN	FINAL
409	16:50	1,500 METRES	WOMEN	FINAL
410	17:05	1,500 METRES	MEN	FINAL
411	17:20	800 METRES	WOMEN	HEPTATHLON 7



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412	17:40	4 X 400M RELAY	WOMEN	FINAL
413	18:00	4 X 400M RELAY	MEN	FINAL
	19:00	Closing Ceremony		

*Remarks: This schedule is subject to change depending on the number of participating teams.*

## 3.5 Participants

Only athletes whose countries are members of the AAA and complying with the Constitution and Rules of the AAA are entitled to participate in the 12<sup>th</sup> Asian Junior Athletics Championships 2006.

### ✿ 3.5.1 Individual Events

Each National Association or Federation may enter two (2) athletes for each individual event. However, the Host Country may enter three (3) athletes for each individual event.

### ✿ 3.5.2 Team Events

Δ 3.5.2.1 Each National Association or Federation may enter one (1) team for each relay event. Each team shall be composed of six (6) athletes.

Δ 3.5.2.2 Once the team has entered the competition, only two (2) additional athletes may take part in subsequent rounds as substitutes. Substitutes may only be taken from the list of athletes entered for the athletics competition, whether for the relays or for any other athletics events. Team composition and running order must be officially declared before the start of each round of the competition. An athlete who has taken part in one round and has subsequently been substituted by another cannot take part in the team again.

## 3.6 Entries

### ✿ 3.6.1 Preliminary Entry (Entry by Number)

The Preliminary Entry Forms (Entry by Number) must be received by the Organizing Committee of the 12<sup>th</sup> Asian Junior Athletics Championships and AAA by not later than Thursday, 13<sup>th</sup> April, 2006, 23:59 local time.

### ✿ 3.6.2 Final Entry (Entry by Name)

The Final Entry Forms (Entry by name) for all teams must be received by the Organizing Committee of the 12<sup>th</sup> Asian Junior Athletics Championships by not later than Friday, 23<sup>rd</sup> June, 2006, 23:59 local time. After the final entry deadline, no additional or changes of events between the athletes already entered in the team before the deadline. Any changes must be made before the Technical Meeting.



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## ✿ 3.6.3 Final Confirmation of Athletes

Δ 3.6.3.1 Official representative of each National Association or Federation must submit the confirmation form as follows:

For the first day of competition, final confirmation shall be submitted at the Technical Meeting.

For events held on and after the second day of competition, confirmation of entries must be made by 09:00 **one day** before the event. The names of the athletes who will be competing must be submitted on special form provided by the Organizing Committee.

Δ 3.6.3.2 Only athletes entered by name as of 23<sup>rd</sup> June, 2006 and only in the events listed may be included on the form.

Δ 3.6.3.3 Particular attention must be paid to IAAF Rule 142, Paragraph 4, “failure to participate” which will be strictly applied.

## 3.7 Call Room Reporting Times

The notice to report to the call rooms will be made according to the following schedule. All times are prior to the actual start time of the event:

Event	Call Room (minutes)	Competition Area (minutes)
Hurdles and Relays	35	15
Track Events	30	10
Field Events	50	30
High Jump	60	40
Pole Vault	80	60
Walk Events	30	--
Combined Events Day 1 (call room or rest room)	35	15
Combined Events Day 2 (call room or rest room)	35	15

## 3.8 Heights of the Bar in the High Jump and Pole Vault

The successive heights of bar in the High Jump, Pole Vault, Men’s Decathlon and Women’s Heptathlon will be decided by the Technical Delegates in the Technical Meeting before the competition.

## 3.9 Competition Implements

Below is the approved list of implements which will be used during the 12<sup>th</sup> Asian Junior Athletics Championships:

## ⚙ Men

### • Shot (6.000kg)

Size	Manufacturers	Brand	Material	Source of Origin
Φ120mm	Mondo	Mondo	Iron	Italy
Φ125mm	Mondo	Mondo	Iron	Italy
Φ128mm	Mondo	Mondo	Iron	Italy

### • Discus (1.75kg)

Size	Manufacturers	Brand	Material	Source of Origin
219~229mm	Nishi	Nishi		Japan

### • Hammer (6.000kg)

Size	Manufacturers	Brand	Material	Source of Origin
Φ120mm	Mondo	Mondo	Bronze	Italy
Φ125mm	Mondo	Mondo	Bronze	Italy
Φ128mm	Mondo	Mondo	Bronze	Italy

### • Javelin (800g)

Size	Manufacturers	Brand	Material	Source of Origin
2.6m~2.7m	Nishi	Nishi		Japan

## ⚙ Women

### • Shot (4kg)

Size	Manufacturers	Brand	Material	Source of Origin
Φ100mm	Mondo	Mondo	Iron	Italy
Φ105mm	Mondo	Mondo	Iron	Italy
Φ108mm	Mondo	Mondo	Iron	Italy

### • Discus (1kg)

Size	Manufacturers	Brand	Material	Source of Origin
180~182mm	Nishi	Nishi		Japan

### • Hammer (4kg)

Size	Manufacturers	Brand	Material	Source of Origin
Φ100mm	Mondo	Mondo	Steel	Italy
Φ105mm	Mondo	Mondo	Steel	Italy
Φ108mm	Mondo	Mondo	Stainless Steel	Italy



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- Javelin (600g)

Size	Manufacturers	Brand	Material	Source of Origin
2.2m~2.3m	Nishi	Nishi		Japan

## 4. COMPETITION PROCEDURES

### 4.1 Doping Control

Doping Control tests will be carried out in accordance with the IAAF Rules.

### 4.2 Management Information

#### ⚙ 4.2.1 Competition Management

The Organizing Committee shall be responsible for the organization and management of the athletics competition under the guidance of the Asian Athletics Association.

#### ⚙ 4.2.2 Technical Officials

Δ 4.2.2.1 The Athletics Competition except for the walking events, shall be conducted by the MAA accredited Technical Officials.

Δ 4.2.2.2 Six (6) officials for the walking events, shall be appointed by the AAA from amongst the international panel of walking judges.

Δ 4.2.2.3 The AAA shall appoint eight (8) Asian Technical Officials (ATO) to take part in the athletics competition management.

### 4.3 Protests and Appeals

Protests shall, in the first instance be made orally to the Referee by the athlete himself/herself or by someone acting on their behalf. After the decision by the Referee, there shall be the right of appeal to the Jury of Appeal. This appeal must be made within 30 minutes of the official announcement of the decision made by the Referee, in writing, signed by an official on behalf of the athlete and shall be accompanied by a cash deposit of US\$100.00, which will be forfeited if the protests is not upheld. Protests concerning the result of conduct of an event shall be made within 30 minutes of the official announcement of the result of that event.



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## 4.4 Competition Clothing

All athletes must wear their Federation's approved uniform during competition. No advertising may be displayed on any article of clothing or equipment in the competition area, in accordance with the IAAF Rule 18.

## 4.5 Victory Ceremonies

Victory Ceremonies will be held, if possible, after the completion of each event. Athletes receiving awards must show up in their official team uniform.

### ⚙ 4.5.1 Prizes

#### Δ 4.5.1.1 Individual Events

- 1<sup>st</sup> Place: Gold Medal and Diploma
- 2<sup>nd</sup> Place: Silver Medal and Diploma
- 3<sup>rd</sup> Place: Bronze Medal and Diploma
- 4<sup>th</sup>, 5<sup>th</sup>, 6<sup>th</sup>, 7<sup>th</sup>, 8<sup>th</sup> Place: Diploma

#### Δ 4.5.1.2 Team Events

- 1<sup>st</sup> Place: Gold Medal and Diploma
- 2<sup>nd</sup> Place: Silver Medal and Diploma
- 3<sup>rd</sup> Place: Bronze Medal and Diploma
- 4<sup>th</sup>, 5<sup>th</sup>, 6<sup>th</sup>, 7<sup>th</sup>, 8<sup>th</sup> Place: Diploma

## 4.6 Technical Meeting

The Technical Meeting will be held at 17:00, on Thursday, 13<sup>th</sup> July, 2006. Location will be confirmed.

No more than two (2) representatives from each participating member federation (plus if necessary an interpreter or attaché) may attend the meeting. The Organizational and Technical Delegates will preside over the meeting, which will be conducted in English and Chinese.

Any questions concerning the organization of the Championships must be made in writing (in English) on the form provided to your Team Leader upon arrival.

## 5. ACCOMMODATION

⚙ 5.1 Macau has 42 hotels with a total over 8,000 rooms.

⚙ 5.2 The Organizing Committee will provide the most comfortable accommodations for all athletes and



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officials participating in the 12<sup>th</sup> Asian Junior Athletics Championships. The allocation of teams to each hotel will be completed according to the final entries.

## 6. VISA INFORMATION

Visas should be applied well in advance of your travel to Macau. An Official Invitation Letter will be sent to your federation to compete at the Championships upon your confirmation of participation. This letter should be presented with the relevant documents to the Chinese Embassy at your countries or to the region nearby. For those cities/countries that need a Visa for entry to Macau, one can apply upon landing at the fee of approximately US\$13 per person. However, if anyone travel to Macau via any other country or city (such as Hong Kong or China) which might need a Visa, please apply well in advance as the issuance may take more than 30 days. And should you return to your country via the same country or city, please apply more than one Visa to assure that you can depart as per schedule. For more information, please check with your respective consulates or visit the website of Macau Government Tourist Office: [http://www.macautourism.gov.mo/english/getting\\_to\\_macau\\_en.phtml](http://www.macautourism.gov.mo/english/getting_to_macau_en.phtml).

### 6.1 The countries which DO NOT NEED a visa to enter Macau

- |                    |               |
|--------------------|---------------|
| ✿ PR CHINA         | ✿ LEBANON     |
| ✿ HONG KONG, CHINA | ✿ MALAYSIA    |
| ✿ INDONESIA        | ✿ MONGOLIA    |
| ✿ INDIA            | ✿ PHILIPPINES |
| ✿ JAPAN            | ✿ SINGAPORE   |
| ✿ KOREA            | ✿ THAILAND    |

### 6.2 The countries which DO NEED a visa to enter Macau

- |               |                  |
|---------------|------------------|
| ✿ AFGHANISTAN | ✿ OMAN           |
| ✿ BANGLADESH  | ✿ PAKISTAN       |
| ✿ BHUTAN      | ✿ PALESTINE      |
| ✿ BAHRAIN     | ✿ DPR KOREA      |
| ✿ BRUNEI      | ✿ QATAR          |
| ✿ CAMBODIA    | ✿ SAUDI ARABIA   |
| ✿ IRAN        | ✿ SRI LANKA      |
| ✿ IRAQ        | ✿ SYRIA          |
| ✿ JORDAN      | ✿ TAJIKISTAN     |
| ✿ KAZAKHSTAN  | ✿ EAST TIMOR     |
| ✿ KYRGYZSTAN  | ✿ TURKMENISTAN   |
| ✿ KUWAIT      | ✿ CHINESE TAIPEI |



# 12<sup>th</sup> Asian Junior Athletics Championships

Macau 2006, 15<sup>th</sup> – 18<sup>th</sup> July, 2006

- ⊗ LAOS
- ⊗ MALDIVES
- ⊗ MYANMAR
- ⊗ NEPAL
- ⊗ UNITED ARAB EMIRATIES
- ⊗ UZBEKISTAN
- ⊗ VIETNAM
- ⊗ YEMAN

## 7. APPROVAL OF TECHNICAL HANDBOOK

This Technical Handbook has been approved by the Asian Athletics Association.

## 8. MACAU – THE EASTERN MONTE CARLO

Macau is situated southeast of China, on the western bank of the Pearl River Delta of Guangdong Province. It lies 70 kilometers southwest of Hong Kong and 145 kilometers from Guangzhou.

Macau has a total area of approximately 21 square kilometers, consisting of a narrow peninsula of Macau, which is linked to the People's Republic of China at Portas do Cerco ("Border Gate"). The territory is also connected to the island of Taipa by three bridges, the first bridge is "Governor Nobre de Carvalho" (2.6km), the second bridge is "Amizade" (4.4km), which in turn is joined to the island of Coloane by a 2.1km causeway. And the newest bridge is called "Sai Van" (2.2km).

The weather in the territory is moderately hot, with an average annual temperature of just over 20°C and a yearly mean variation between 6°C to 25°C with high humidity in summer (April - September). Humidity percentages range from 73 to 90%. Do expect an occasional short period of heavy rains and sporadic tropical storms.

A good time to go to Macau would be during the autumn season, which is from October to December, when days are sunny and warm and the humidity low. Winter is from January to March and it can get cold, but one can expect to have some periods of clear sky as well.

## 9. CONTACT DETAILS

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