

Athlete Training and Development Centre



- Athlete Training and Development Centre is a comprehensive training centre that provides training support for different sports associations. It aims to provide complete and flexible training environment for athletes. The Centre is divided into 3 parts: Multi-function Sports Building, Training Hall and Athletes' Quarter.
- Tel: (853) 28785919
- Address: Rua de Ténis (Next to Macao East Asian Games Dome)

Multi-function Sports Building – Building A



Venue Area: approx. 5000 sq.m
Headroom: 15 m
Flooring material: Wood

Multi-function Sports Building – Building B



Venue Area: approx. 5000 sq.m
Headroom: 13 m
Flooring material: Wood

Training Hall (1st floor) – Weight Training Centre



Area: approx. 1000 sq.m
Headroom: 6 m
Floor material: Wooden floor
Facilities: diversified training apparatuses

Training Hall (1st floor) – Indoor Swimming Pool



Venue Area: approx. 1000 sq.m
Facilities: 25m indoor swimming pool, with 5 lanes

Training Hall (2nd and 3rd floor)



Area: approx. 2000 sq.m
Headroom: 6 m
Flooring material: Wood

Training Hall (4th and 5th floor)



Area: approx. 2000 sq.m
Headroom: 8 m
Flooring material: Wood