



Notice for Training

To ensure a safe environment for the participating teams during training, the following measures will be implemented:

1. All teams should follow the training timetable assigned by the Organizing Committee. If the teams need to train at an unscheduled time, they should submit an application in advance and obtain the respective authorization before undergoing training.
2. All teams must enter through the designated entry and present the participation card issued by the Organizing Committee.
3. Teams may arrive at the training venue 30 minutes in advance according to the schedule. The minimum number of athletes must be present as required accordingly the regulation (13 for standard dragon boat and 7 for small dragon boat, including steersman) before access is allowed into the venue. The number of team members cannot exceed the maximum number marked on the participation card.
4. All team members should comply with the following measures:
 - Wear a mask;
 - Undergo body temperature check;
 - Present the “Macao Health Code”.
5. All team members should wear a mask at all times, except for the warm-up and water training period. Teams should maintain adequate distance between one another.
6. All teams must finish training according to the scheduled time, and row the dragon boat to the designated location.
7. Teams must leave the venue through the designated exit 30 minutes after training and avoid concentration of people.
8. Please keep personal belongings safe.
9. If the above measures are not followed, the Organizing Committee reserves the right to disqualify the team from further participation.