Paper Submission

A. The paper submission deadline is October 15, 2011

- (1) Please summit the following to China Institute of Sport Science of GASC:
 - a. The complete article (Chinese **or** English)
 - b. Abstract (Chinese and English)
 - c. Paper submission form
 - d. An assessment fee is applied. Each paper in Chinese will cost RMB 100 Yuan and for paper in English, it will cost RMB 200 Yuan. Please pay either in cash via post or remit to the following account and please send us the remittance bill with the name and address of the first author:

Beneficiary Name: China Institute of Sport Science of GASC

Bank: Industrial and Commercial Bank of China Beneficiary A/C No.:0200008109088090158

Bank Address: ICBC Beijing Tiyuguan Street Sub-Branch

(2) Submission Methods:

a. By post: Please send to the following address and make a note of "Third China's National Physical Fitness Surveillance (CNPFS) & International Seminar of Physical Fitness Research"on the envelope:

Address: 11 Tiyuguan Road, Beijing China, 100061

b. By e-mail: <u>zhangming@ciss.cn</u>

(3) Contact person: Mr. Zhang Ming

Phone: (8610) 87182596

Fax: (8610) 67103872

E-mail: <u>zhangming@ciss.cn</u>

B. Areas of interest:

- 1. Status of physical fitness of China's civilians and its characteristics of changes
- 2. Theories and methods for research of physical fitness
- 3. Research and application of exercise methods for all
- 4. Lifestyles and chronic diseases
- 5. Evaluation and application of the exercises joined by all

C. Paper Requirements:

- (1) The papers can be submitted in Chinese or in English. Those ever published in academic magazines or reported in academic conferences will not be processed.
 - (2) Papers in the range of the areas of interest will have the priority of being chosen.
- (3) 3 copies of your whole paper on A4 paper or you can send it to us through e-mail and please save it as word file; the length of your paper (including diagrams and boxes) should not exceed 5000 words; names of authors and their units are not allowed to show on the papers
- (4) 1 copy of abstract in both Chinese and English on A4 paper or you can send it to us through e-mail and please save it as word file; the abstract should not exceed 1000 words (research objectives, methods, results and conclusions should be included); diagrams and boxes are not allowed in this part. Format as follows:
 - a. Chinese title
 - b. English title
- c. author's name (Chinese); if there are more than one author, list them one by one, separate them by using " $\,$ ", and number the name of the author, e.g. "張銘 $\,$ 1".
- d. author's name (English); format: "Zhang ming"; if there are more than one author, list them one by one, separate them by using ",", and number the name of the author, e.g. "Zhang ming 1",
- e. key words (generally, 3-8 words are enough; please use the words from *Chinese Thesaurus of Sports* if possible.)
- f. English abstract and English key words ("abstract" needs to be added in front of the English abstract and "key word" in front of the English key words; the key words should be separated by ":").
- (5) 1 digital copy of the entire paper and abstract (can be omitted if delivered via E-mail). The colloquium of *Conference for the Third China's National Physical Fitness Surveillance* (CNPFS) & International Seminar of Physical Fitness Research will be published. The publication will edit the fonts, word size, and formats of the papers only. Meanwhile, the authors themselves are responsible for the contents.